

# Budding Chefs

## Taco

This is a Mexican meal & is so easy to make. The fillings can be anything you like. This one uses mince meat, cheese, tomato, carrot & lettuce. add in spice mixture.

### Equipment:

Oven

Grater

Knife

Oven Tray

Chopping board

### Ingredients:

500grams of mince meat

Packet of Taco shells

Packet of Taco spice mix

Fillings

Meat mixture, see below how to cook this

Lettuce, Shredded

Tomatoes, sliced

Grated cheese

Grated carrot

### Method:

Heat oil in frypan & cook mince meat,

When meat is brown add in spice mix & 3/4 cup of water

Cook for 2 more minutes, turn off & leave aside

Preheat the oven to 180°C.

Place taco shells on oven tray and cook for 5 minutes.

Now it is time to fill up the shells

You can add the meat, lettuce, tomato, carrot & cheese