



Education

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The Husky Star

Bay and Basin



Term 4 Week 2, 24 October 2019

Responsible Students

Achieving

Tolerant

Safe

Principal's Message

Today I officially announce that I will be retiring on 27 January 2020. This means I will relinquish my position as Principal of Huskisson Public School from this date onwards.

The concept of retirement is still very surreal and in lots of ways hard to imagine. I am still coming to terms with the fact I am at that stage of my career.

I began permanently with the department in 1984 at Revesby Public School, taught out west before coming back to the coast and ending up at the amazing Huskisson Public School.

Where did those 36 years go? Talking to a staff member over a coffee recently, I stated "I'm really pleased that retirement will be hard as I still love my job". My superannuation plan that I signed up to all those years ago is a generous one, but requires me to retire at 60. You have to draw a line in the sand at some stage and allow the next generation to move up.

I have plenty of plans for retirement that involve travelling, photography, environmental work, learning to weld to do sculpture and helping out at Husky PS with the vegetable gardens and sporting carnivals. I also have an extensive garden that will need lots of up keep so time will be well spent.

The Principal position for Huskisson Public School will be advertised next year. Ms Lewis will be Relieving Principal for at least Term 1 2020. A panel will be formed and the merit selection process involving a parent, another Principal from outside the district, a staff member and the Director of Educational Leadership Mr Stephen Heslop will decide on the new Principal for the school.

Staffing Update

This week we welcomed back Ms Lewis and Mrs Watson. Ms Lewis had a lovely break travelling Nepal and trekking the Himalayas. Mrs Watson returns hobbling about in a

boot to protect her ankle she injured on her camping trip during the holidays. Her class were very excited to have her back. Next week Mr Frost returns from his trip to England where he attended his sister's wedding.

Great Husky Fair

Next Saturday is D Day! This morning at the fair meeting Aimee was happy to update all present on the wonderful progress to date. We are now looking for human power. We need people to volunteer to work on stalls and get the word out. There will be a variety of groups performing on the main stage and grass area throughout the day. We have about 20 market stalls and a variety of food stalls. Some of the highlights of the day will be the silent auction, super raffle and chocolate wheel, all stocked with wonderful prizes donated from around the district. A note will go home this week asking for volunteers to make this event super successful.

Student Leadership

Our potential leaders for 2020 are in middle of developing their campaigns. They are devising slogans and a campaign strategy. Each Thursday they work with me in the library. The assembly for captain's speeches will be held Wednesday 28 November at 11.45am

Film by the Bay

On Tuesday *Film by the Bay* screened 14 films from public schools across the Shoalhaven at the Husky Pictures. Our school entered three films. It was a great night that was totally sold out. Making the films was a rich learning experience that I am sure all the students



involved will not forget.

I am pleased that all students at our school had the opportunity to walk down to the Husky Pictures today and see the great work from the ten schools across the Shoalhaven for a mere gold coin donation.

Camp Coolendel

Camp is approaching quickly. All final payments are due this Friday. Please make sure you return your child's medical note so the camp providers are able to accommodate any dietary requirements and teachers can organise medical needs.

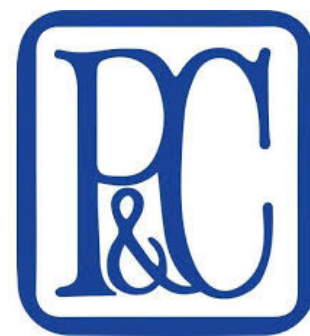
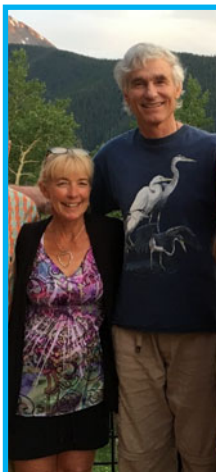
Glenn Sansom - Principal

Together we are Stronger and Smarter

Week 2 Library News.

I loved the "return to work" welcome I received from our students and staff here at Huskisson PS! Being away for a full term made me feel a bit anxious about getting back into the swing of things, but it was made much easier by the warm reception. The library was left in great shape by the very capable Mrs Matthews and her team and the kids progressed well in their learning. I came back to school with lots of stories to tell and have been giving the students a picture tour of some of the great sights I visited.....from the busy city of NYC, to our farm in Pennsylvania, then onto the Rocky Mountains, Grand Tetons, Yellowstone National Park, the inside passage of Alaska, Mt Rainier, Mt St Helen and finally back home here! It sounds exhausting but was quite exhilarating and wonderful.

One of the best experiences I had was meeting up and staying with a very famous author at his family cabin in Aspen, Colorado. Tom Barron, who is a famous conservationist and the author of many books, wrote a series of children's books on the early life of Merlin the Magician. It was wonderful to walk and talk with him in the Rocky Mountains and learn about his inspiration for writing books. I also had the opportunity to share the stories of our students and their environmental activism. Tom was impressed with their love of nature and not only sent his congratulations to our young environmentalists, but he also sent a box of his books as a gift to them! Our library now has a great start the TA Barron collection of books. Check out Tom's website on: <https://tabarron.com/> for more information!



October meeting Wednesday
30 October 6.00pm in
Library.

Diary Dates

Wednesday 30 October

Stage 1 Assembly

P&C Meeting

Saturday 2 November

The Great Husky Fair

Monday 4 November

Swim Scheme commences

Tuesday 5 – Friday 8 November

Stage 2 and Stage 3 camp

Wednesday 4 December

HPS Celebration Day

Monday 9 December

Year 6 Farewell Dinner

Tuesday 10 December

Presentation Night

Tuesday 17 December

Year 6 Final Assembly

Wednesday 18 December

Last day of Term 4



We need your help!

- * Bakers—ingredients are available from the school office. We are looking for cupcakes, slices, biscuits etc... Please return all baked goods to the office on Friday 1 November in an air tight container with a list of ingredients.
- * Strong Humans—we will be starting much of the set up on Friday 1 November from 4.00pm. If you are able to help please come along.
- * Trestle tables—we are in need of more white trestle tables. If you have some at home you can lend, please label them and deliver them to school on Friday 1 November.
- * Extension cords—as you will be aware we will need lots of power to help make our day light up. If you have one to lend, please label it and deliver it to school on Friday 1 November.
- * Workers—we are in desperate need of people to work on our stalls. We have food and craft stalls. Please let us know where you would prefer to work and what time you are available.



- * Donations— we are still taking donations for plants, hampers, tombola jars, jams, chocolate wheel prizes and cooking. Please keep sending these in.
- * General helpers—Aimee is very busy finalising the last details of the fair and has much to do. If you are able to help please call Aimee on 0424197433
- *

It's the final
countdown
8 Days to go!

Studio 19 Dance Centre

Studio19 Dance Centre in Basin View is a FUN and FRIENDLY dance school offering classes for all ages and abilities. Follow their FACEBOOK page to get all the latest information.

They will be holding their REGISTRATION DAY on 19th January 2020 at 2/5 Tallyan Point Road, Basin View from 4pm – 6pm!

Studio19 is a dance family which you will never forget!



Studio19 Dance Centre

Fairgrounds

FRI 6 & SAT 7 DECEMBER
BERRY, NSW

ADULTS FROM \$90
KIDS FROM \$25

LIAM GALLAGHER
DMA'S • MEG MAC
DOPE LEMON
KASEY CHAMBERS
JULIA JACKLIN • THE LEMONHEADS
THE BABE RAINBOW
HATCHIE • NILÜFER YANYA

KIDS ENTERTAINMENT
BUNNY RACKET • THE STICKER CLUB • PLUS MORE

PLUS
CAMPING • RECORD FAIR • MARKETS • SHUTTLES
PAPERBARK CAMP POP-UP RESTAURANT
BOUTIQUE BEER & WINE • ARTISAN FOOD

TICKETS ON SALE NOW FAIRGROUNDS.COM.AU

Fairgrounds Festival
December 6th and 7th
Proud supporters of
'The Great Husky Fair'

The simplest way

... to pack lunches for kindy kids.

Packing lunch boxes for the first time can be overwhelming. Here are our top tips for new kindy parents:



- Pack something from each of the 5 food groups plus water. Check out our [lunch box builder](#) for ideas.
- Keep foods fresh and safe by packing an ice brick or a frozen water bottle to keep lunch cool.
- Make sure your child can open the lunch box and containers.
- From day 1, make vegetables a habit in the lunch box.
- Remember it is 'OK to say NO' to unhealthy foods such as chips, chocolate and lollies.
- For recipes, snack ideas and lunch box examples visit healthylunchbox.com.au

healthylunchbox.com.au

The simplest way

... to get the benefits of fibre.

Eating enough dietary fibre helps you maintain a healthy weight and digestive system.

High fibre foods include wholegrain foods such as oats and brown rice, fruit, veg, seeds, nuts and legumes such as chickpeas, beans and lentils.



Top tips to increase your fibre intake:

- Choose wholegrain, wholemeal or high fibre varieties of grain foods e.g. bread, pasta, rice, noodles and crackers.
- Fill at least half your dinner plate with vegetables.
- Reduce the amount of meat in recipes and include more vegetables and legumes.
- Have fruit, vegetables, nuts and seeds as snacks.
- Try our [hummus](#) with vege sticks and wholegrain crackers

healthylunchbox.com.au

The simplest way

... to swap ham out of the lunch box.

We know that ham is a lunch box staple for many families, however, Cancer Council recommends that we limit or avoid processed meats such as ham, salami and bacon, because of their link with increasing the risk of bowel and stomach cancer.



One way to help your family limit their intake of processed meats is to keep them out of the lunch box. Better choices include:

- BBQ chicken with skin removed
- Canned tuna or salmon
- Boiled eggs
- [Hummus](#)
- Cheese
- Leftover home-cooked meat
- [Home cooked rissoles](#)

For more ideas visit healthylunchbox.com.au

healthylunchbox.com.au

The simplest way

... to know when sun protection is required.

UV is not like the sun's light which we see, or the sun's warmth which we feel. Our senses cannot detect UV so it can be damaging without us knowing.

Protect yourself in five ways when the UV is 3 and above.



When UV is 3 or above you need to SLIP, SLOP, SLAP, SEEK, and SLIDE!

Go to www.sunsmartnsw.com.au/resources to download our free resources to document your local daily sun protection times and help you implement best-practice sun protection.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au